

Greetings from Mrs. Grube! Please see this week's included video lessons!

Would your child like the opportunity to connect with other students in their grade level?

Families, if your child would like to connect with me via Google meet, along with other students in their grade level, please send me an email to let me know. I will be organizing these opportunities to help our students feel connected to each other, despite our social distancing. Also, if you feel your child would benefit from learning coping strategies for dealing with this difficult time, please email me as well. I do plan to organize these informal meetings, to review coping skills with students. My email address is agrube@qcsd.org

Second Step Lesson videos: please click below to watch the video lesson

kindergarten lesson on identifying feelings

first grade lesson on identifying feelings

second grade lesson on managing our emotions

third grade lesson on managing our emotions

fourth grade lesson on managing our emotions

grade 5 lessons on managing our emotions

Thanks so much for reading parents!
Mrs. Grube
School Counselor
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